## MEDICAL AND DENTAL PROVIDERS FOR 2018

## **MEDICAL:**

YOUR MEDICAL AND HOSPITAL PLAN CHOICES EFFECTIVE MARCH 1, 2018 ARE:

EMPIRE BLUE CROSS BLUE SHIELD —Will cover both medical and hospitalization services. There is no need to elect a primary care physician with this plan. No Referrals are needed to see a specialist. Blue Cross has a \$10.00 co-pay for in-network services. Out of network services are subject to a deductible and co-insurance which you will be responsible for. In New York — Empire Blue Cross POS Alt Network; in Connecticut — Anthem Blue Cross PPO; in New Jersey — Horizon Blue Cross PPO and in Pennsylvania — National PPO Blue Card (not basic) all others use Blue Card PPO.

<u>CIGNA EPO PLAN (OPEN ACCESS PLUS NETWORK)</u> – This **in-network only** plan covers both medical and hospitalization services. You <u>must</u> utilize doctors and hospitals that are in the Cigna Open Access Plus Network. <u>No Referrals are needed to see a specialist</u>. The Cigna Plan has a \$25.00 co-pay for most services.

## **DENTAL:**

**BLUE CROSS PRIME Dental** - With Blue Cross Dental, you can choose a participating dentist from a panel of in-network providers listed on the website or you can choose to have services rendered by an out-of-network dentist. If you elect to receive services from an out-of-network provider, you will be responsible for **all charges** that exceed the plan allowances. This plan offers the same level of coverage as the Healthplex & D.D.S. Inc. Plan.

<u>HEALTHPLEX P.P.O. PLAN</u> – With Healthplex, you can choose a participating dentist from a panel of in-network providers listed on the website or you can choose to have services rendered by an out-of-network dentist. If you elect to receive services from an out-of-network provider, you will be responsible for <u>all charges</u> that exceed the plan allowances. This plan offers the same level of coverage as the D.D.S. Inc. Plan.

**D.D.S., INC**. – With DDS, you can choose a participating dentist from a panel of in-network providers listed on the website or you can choose to have services rendered by an out-of-network dentist. If you elect to receive services from an out-of-network provider, you will be responsible for <u>all charges</u> that exceed the plan allowances. This plan offers the same level of coverage as the Healthplex Plan.

If you need information on a specific benefit that is not listed, or you have a question about the benefits provided, please do not hesitate to call the Fund Office at 718-847-8484 or you can contact each provider listed below:

## **PROVIDER INFORMATION FOR 2018:**

Blue Cross 800-553-9603	<u>www.empireblue.com</u>
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Cigna 800-244-6224 <u>www.cigna.com</u> or <u>www.mycigna.com</u>

Healthplex 800-468-0600 <u>www.healthplex.com</u>

DDS Inc. 800-255-5681 <u>www.ddsinc.net</u>